

BHS ACADEMIC SUPPORT FOR ALL STUDENTS

AFTERSCHOOL TUTORING

AFTERSCHOOL TUTORING IN THE CCC

Tutoring for ALL students in the College & Career Center (CCC).

College tutors for every subject • Study space • Access to computers, internet, printing, and copying
Miss class? Students can clear up to 12 unverified absences each month by attending tutoring.

Hours: Monday-Thursday from 3:30-6:00 pm

Matt Laurel • Academic Support Coordinator • matthewlaurel@berkeley.net

AFTERSCHOOL TEACHER TUTORIALS

Teacher-run tutorials in specific subjects available to all students, funded by BHSDG. From 3:30-4:30 pm.

U9 Physics and Math 1,2,3 tutoring Monday-Thursday from 3:30-4:30 pm.

See Tutorial Schedule each semester.

BHS ATHLETICS RESOURCES

Tutoring for BHS athletes in D220

Hours: Monday-Thursday from 3:30-5:15 pm

Ross Parker & Robin Van der Vegt • athleticdirector@berkeley.net • berkeleyhighathletics.org



MATH

MATH TUTORING

Hours: Monday-Thursday from 3:30-4:30 pm

MATH 1 • H112 | MATH 2 • H217 | MATH 3 • H307

ONLINE MATH RESOURCES

Go to BerkeleyHighMath.com for resources and videos linked to all Math 1, 2, and 3 modules.

SCHOOL-BASED SUPPORT

CLASSES

Students can enroll in LEAP in 9th grade and AVID in 9th-12th grade to develop high school and post-secondary readiness skills and receive support with classes. For more information or to see if these are the right fit for you, make an appointment to talk to your counselor.

LIBRARY

Reading Materials • Research Support • Study Space • Access to computers, internet, printing, and copying

Hours • Monday 9:30-4:30 pm • Tuesday-Friday 7:30-4:30 pm

Sarah Rosenkrantz & Meredith Irby • Teacher Librarians • sarahrosenkrantz@berkeley.net meredithirby@berkeley.net
bhslibrary.berkeley.net

COLLEGE & CAREER

THE COLLEGE & CAREER CENTER (CCC)

The College & Career Center (CCC) provides a variety of resources for college and career planning.

- Individual and group college advising (In Fall for 12th grade & in Spring for 11 grade)
- Information on financial aid & scholarships
- College essay readers before school on Mondays 8:30-9:45 and Monday-Thursday 3:30-4:30
- Career Workshops, Resume Support, and Speakers Series

Hours • Monday-Friday • 8:00-4:00 pm • Drop-in before school, during lunch, after school until 4pm or by appointment with a college counselor

Yasmine Navarro & Jennifer Hammond • yasminenavarro@berkeley.net & jenniferhammond@berkeley.net
bhs.berkeleyschools.net/resources/college-career-center/

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WELLNESS SUPPORT & COUNSELING FOR ALL STUDENTS

GUIDANCE COUNSELORS

Guidance counselors are available to support students' academic, social-emotional, and personal well-being. All BHS students are assigned a guidance counselor for support; you can find your counselor in the Counseling Center.

HEALTH CENTER • H105 • 510-644-6965

FIRST AID

Treatment for minor injuries and illnesses, immunizations, and referrals to ongoing care. Parent/Caregiver must complete a consent form for first aid services: First Aid Consent Forms and condoms, emergency contraception, health education, HIV prevention and testing. First Aid Consent Forms.



MENTAL HEALTH

Individual short-term counseling, crisis assessment, emotional support and stress management, consultation for parents and school staff, and referrals for ongoing MH services and community resources. Anyone can submit a MH referral to the Health Center via BHS Counseling Referral Form (jotform.com) or by using QR code:

MEDICAL SERVICES

Individual short-term counseling, crisis assessment, emotional support and stress management, consultation for parents and school staff, and referrals for ongoing MH services and community resources. Anyone can submit a MH referral to the Health Center via BHS Counseling Referral Form (jotform.com) or by using QR code.



OTHER IMPORTANT CRISIS RESOURCES

Alameda County Crisis Support Services Hotline (24/7): 1-800-309-2131
Alameda County Crisis Text Line (4-11 PM/7 days/week): text SAFE to 20121
National Suicide Prevention Lifeline (24/7): 1-800-273-8255
Trevor Project Lifeline for LGBTQ youth (24/7): 1-866-488-7386
Berkeley Mental Health Mobile Crisis (11:30 AM-10 PM; Mon, Wed, Thu, Fri, Sun): 510-981-5254



ATTENDANCE

You have five school days to report an absence • attendanceoffice@berkeley.net
Students can also clear up to 12 unverified absences each month by attending CCC tutoring or teacher tutorials.
Hours: For students - Lunch daily, Mon 9:30-9:57 am and 3:30-4pm, Tues-Fri 8:00-8:27 am and 3:30-4 pm
If you need support with improving attendance • Aman Watson, Dean of Attendance, amanwatson@berkeley.net

PARENT RESOURCE CENTER

The Parent Resource Center helps families navigate BHS. Services include referrals/resources, advocacy, information, Spanish bilingual translation, and drop-in support. Available to all, with a focus on families of color.
510-644-8524 • Located in D-224

AFFINITY STUDENT GROUPS

The BHS student club list is always available on the BHS website and is updated throughout the school year. New or returning club registrations must be submitted annually and are accepted up until October 31. Please review the student club list for the most current information for meeting location, day and time. Alliance of Gender Expansive Students, Asian Pacific Islander Club, Black Student Union, Committee for the Inclusion of AAPI Curriculum, Gender Sexuality Alliance, Habesha Heritage, Latinx Unidos, Melanin Magic, Muslim Student Association, Multicultural Student Association, The Talented, Women's Student Union

RESTORATIVE JUSTICE

If you have an issue that you would like to resolve through restorative justice, contact Stacy Shoals in the Student Support Center in H104B • stacyshoals@berkeley.net

NUTRITION SERVICES

Breakfast and Lunch are FREE for ALL STUDENTS and available daily. This year no meal application form is required.