

BHS Physical Education Course Waiver

This waiver form applies only to students participating in an outside sports program that fulfills the requirements below.

Any student, participating in a state or nationally sponsored competitive sports activity, including participation in a professional dance company, can request a waiver of the Physical Education requirement from the Berkeley High School Administration. Before a waiver approval, the coach and or sponsor of the physical activity will be required to provide assurance (on ***their Company Letterhead***) that the student is meeting state physical standards and competencies through participation in the activity (Ed. Code 51222b). Students who apply for a waiver must do so at the beginning of each semester. *Any student receiving a waiver is still required to earn the total number of credits required for graduation (220).*

Specific Waiver Requirements:

- a. Take part in a sports activity that is part of an organized program (see above).
 - b. Take part in a sports activity that requires ***at least 5 hours*** of structured activity per week for the entire semester of the requested waiver.
 - c. Turn in the P.E. Waiver Form at the beginning of each semester (***along with a description of the program on company letterhead***) to the Counseling Office **by the due date, no exceptions.**
 - d. Submit a verification of completion at the end of each semester signed off by your coach or sponsor (***your yellow copy***) to the Counseling Office **by the due date, no exceptions.**
 - e. A Berkeley High School Administrator *must* approve your waiver.
 - f. Appeals must go through the Vice Principal, Tammy Rose. She can be contacted at tammyrose@berkeley.net.
 - g. Students who have fulfilled their PE credit requirements prior to the term they are applying for will have their waivers *denied*. Students who are concurrently participating in a P.E. course or BHS team for which they will receive athletic credit will have their waivers *denied*.
- ***At present, the Berkeley YMCA is the only gym with a BHS PE waiver program. For information please email Jocelyn Leche at jleche@ymcaeastbay.org or call 510-655-3242.***