

Welcome Class of 2023!

Growth
Integrity
Voice
Justice
Empathy
Respect
Leadership

Please fill in all seats in each row! We will start shortly.

Berkeley High School

S.P.A.R.K.*

*Student

Power

Actualized thru

Respect &

Kinship

Why are we here?...Student power!!!

- When was the last time someone stood up for you?
- What about the last time you stood up for someone else?

Trigger alert: Allow for discomfort



- Trauma, harassment, sexism, homophobia, racism, ableism, and dating violence are **very common**
- Assume that there are survivors among us
- Be aware of your reactions and take care of yourself
- Respect others' right to privacy

Homophobia / Heteronormativity/ Transphobia / Cisgenderism at BHS

How we define it...

Any action with impact of causing discomfort, distress or harm to LGBTQ+ students or staff, regardless of the intent of the perpetrator.

It includes, but is not limited to...

- homophobic/transphobic slurs
- exclusionary language
- sexual harassment of perceived or actual LGBTQ+ people
- assuming that everyone around you is straight/cisgender unless you're specifically told otherwise
- physical harassment

The power of language to hurt



Turn to the people next to you.

Reflect

- How can you prevent homophobia? What types of things should you look out for?
- What are some examples of homophobia you've witnessed?

Do you need help or support?

- BHS Health Center (H105)
- OUT teachers, students, staff, & allies
- Berkeley High Gender and Sexuality Alliance (GSA): Wednesdays at lunch, G108B
- Ms. Watson- Gender Support Liaison
Rm: D-222



Sexual Harassment is...

How we define it... includes verbal, visual or physical conduct of a sexual nature which may have a negative impact upon the victim's academic performance or creates an intimidating, hostile, or offensive educational environment

It includes (but not limited to)...

- Sexual **jokes** and **slurs** (name calling)
- Texts or posts on Instagram, Facebook, Twitter, etc., which refer to someone's sexuality, body parts, or sexual behavior
- Continuing to express sexual interest after someone has said "not interested"

Sexual Battery is.....

- Touch an intimate part of another person (sexual organs, anus, groin, buttocks and breast of female), against their will, for the specific purpose of sexual arousal, sexual gratification, or sexual abuse.

Sexual Assault is...

- Non-consensual sexual acts that involves use of force or restraint
- Examples:
 - Rape - sexual intercourse
 - Forced touching, groping, other sexual acts

To file a report for bullying or harassment

Martha Walters, Compliance Officer and Title IX Coordinator

Berkeley Unified School District

2020 Bonar Street, Suite 113

Berkeley, CA 94702

Phone: 510.486.9338

Email: marthawalters@berkeley.net or nondiscrimination@berkeley.net

Consequences: What happens at BHS when students' rights to safety are violated?

What happens to you if you *commit* ableism, homophobia, sexual harassment, or racism?

- Suspensions, Expulsions, loss of privileges, including notification of prospective colleges
- Harassment is ILLEGAL. You are breaking the law and police could get involved.
- You are violating positive and safe school culture and you will need to REPAIR the damage done to the school community, when appropriate.


What is consent?

Consent means agreeing to something by using the word **YES**.

No one has the right to touch you or say things that are sexual to you unless you willingly say the magic word, **YES**.



CONSENT is:

1. **Active** ^{now's that? GREAT!} 2. **Equal Power** ^{based on} 

Just because a partner didn't say "no" doesn't mean they have given consent. Ask, because only "YES" means "YES."

If someone is underage, drunk, asleep or in another vulnerable position, they cannot consent.

3. **Choice** ^a 4. **Process** ^a 

We must make sure our partners feel free to say "yes" or "no" without pressure. If we aren't willing to take "no" for an answer, consent cannot happen.

Consent requires ongoing conversations with lots of trust. Just because someone says yes to making out doesn't mean they want to do anything else. You can change your mind at any time.

Respect your dating partners.
Be someone who asks, listens, and cares about consent.



www.haven-oakland.org

24-hour Crisis and Support Line: 1-877-922-1274



@havenuproot

Consent is:

1. Active
2. Based on Equal Power
3. A Choice
4. A Process

Giving consent is like making tea...



What if you've been the victim of any of these things or witnessed them?

- You are not alone. You didn't deserve it. You have a RIGHT to an education and should feel safe at school
- Tell someone! Teachers and counselors know how to help.
- Go to OCI, any safety officer, or the Berkeley PD if you need help immediately.
- Witnesses: Use your power! Be an Ally!

Where to get help

- A trusted teacher or staff person you know
- Your academic counselor
- Intervention Counselors Jasdeep Malhi, Nashwa Emam and Jessie Levin, Student Support Center (H104)
- BHS Health Center, Room H107 (confidential)

You need to know...

Every BUSD teacher & staff member at is a **Mandated Reporter**. This means that if you share something about yourself or someone else being hurt, harassed, bullied, etc., someone at a higher level in the district may need to follow up.

Vaping at BHS

Vaping is unsafe.

Don't Buy the Lie!

Vaping exposes your brain to nicotine, which can lead to addiction and other long lasting brain changes!

New research has shown that vaping marijuana and vape juices (even without nicotine) can make it harder for your lungs to fight off infections.

Consequences for vaping/ drug use

1st offense: Parent contact.
Detention. Brief Intervention
meetings.

2nd offense: Parent contact.
Detention. Drug education class.

3rd offense: Parent contact.
Detention. Suspension. Referral to
off site drug counseling.

Green Dot Bystander Training

Berkeley High School
Presented by
Ms. Malhi, Mr. Rok

Green Dot Ambassadors:
**Sonyamia, Solia, Abril, Talia,
Alex, Deijah, LaRhonda,**

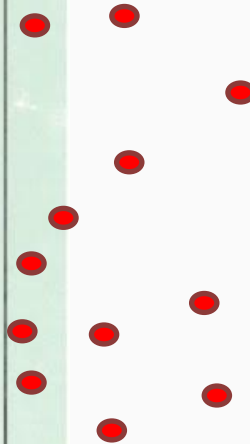
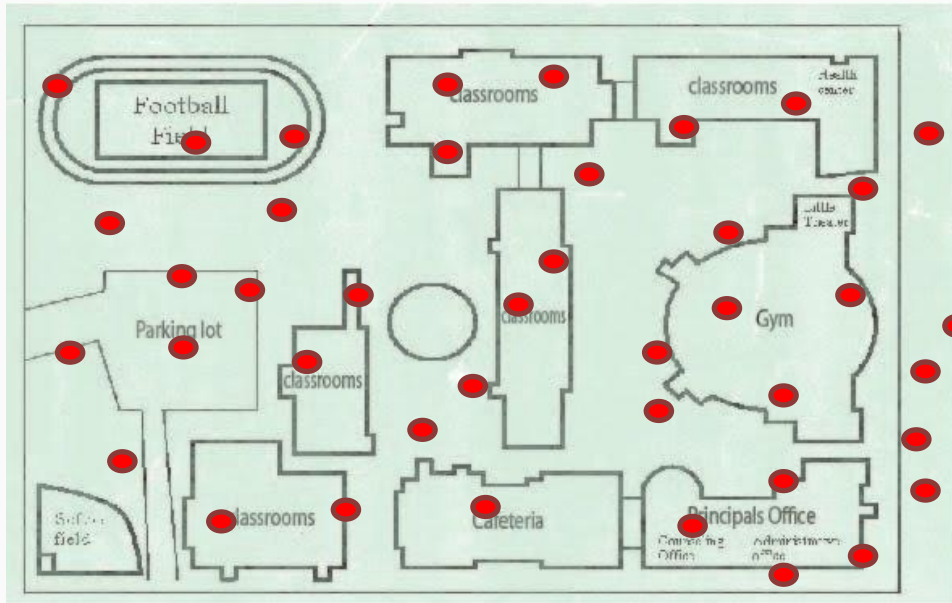
**NO ONE HAS TO
DO EVERYTHING,
BUT EVERYONE
HAS TO DO
SOMETHING.**



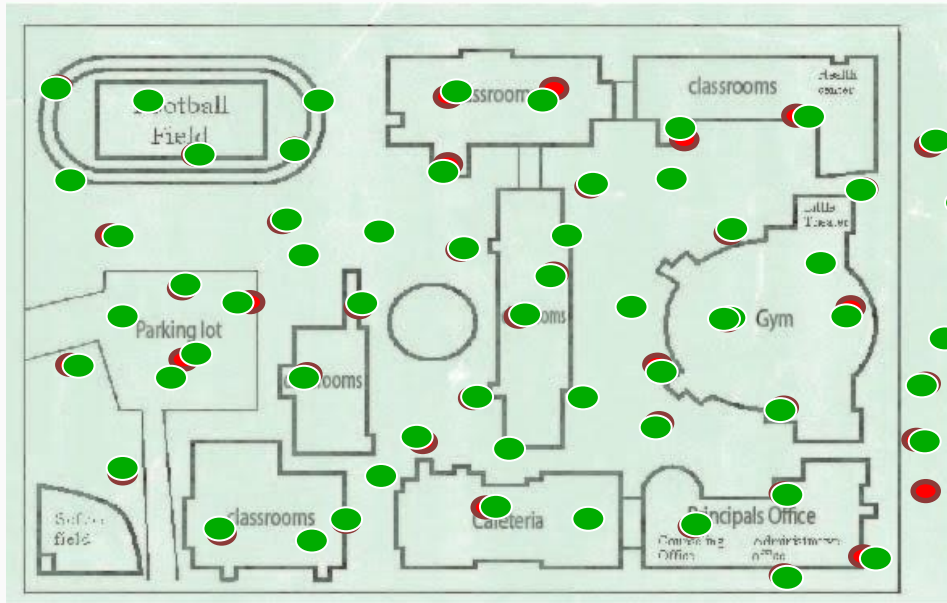
WHAT IF??



Red dot...a single choice to cause harm to another- choosing to bully, choosing to be hurtful



**Green dot...a single choice to prevent harm or intervene.
Green dots stand up and do something about a problem.**



PROACTIVE



“What can I do?” “Don’t want to snitch”

- There is almost always something you can try.
- It doesn’t have to be a have to be a HUGE deal.
- You have a powerful influence as a bystander.
- You have options.



The 3 D's



DIRECT



DELEGATE



DISTRACT



THE ONLY WAY A SCHOOL CAN REALLY CHANGE IS IF ENOUGH PEOPLE GET INVOLVED. THE ONLY WAY LESS PEOPLE WILL GET HURT IS IF WE GET THE PEOPLE IN OUR LIVES TO EACH ADD THEIR OWN GREEN DOTS TO THE MAP.



Our Mission

Green Dot Bystander Training

**NO ONE HAS TO
DO EVERYTHING,
BUT EVERYONE
HAS TO DO
SOMETHING.**







THE END....

