



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HELPING OUR COMMUNITY TOGETHER

Volunteer
DOWNTOWN BERKELEY YMCA



DOWNTOWN BERKELEY YMCA VOLUNTEER POSITIONS

YOUTH DEVELOPMENT:

Aquatic Aides: assist staff in providing water swimming skills to children between the ages of 3 years to 13 years old

Baby Gym: lead class for crawling babies through age 2 years, songs, finger games, bubbles, and play time. Interact with parents and caregivers.

Camp: assist with spring, summer, and winter day camps for children

Childwatch: assist in providing a safe and happy environment for children ages 2 months through 7 years old

Dance: teach or assist creative movement instructors during youth dance and tumbling classes

Fit Kids: supervising and playing with kids ages 6 years through 13 years old.

Friday Family Night: interact with participants, parents, and children in fun and safe activities such as arts and crafts, swimming, and organized sports activities.

Kids Night Out: caring for children 2-11 years old while their parents have an evening out

Seasonal Sport Coaching: lead and supervise basketball, soccer, volleyball

Special Needs: supervise children between ages 2 years to 12 years in our special needs programs (child care, camps, tumbling, aquatics, translation)

Tutoring: help children with homework and study skills after school

HEALTHY LIVING:

Fitness Monitor: assist members and/or customer service

Group Exercise Instructor: Lead members in various classes, including aerobics, cycling, dance, fitness, strength training, Pilates, and yoga. YMCA group exercise certification required.

Membership Desk and Tours: greet members, provide information about the YMCA, give tours of facility, monitor incoming members at entrance.

SOCIAL RESPONSIBILITY:

Committee Members: support the Y with your input on topics relating to the Y membership and programs. Meetings are once a month.

Events: assist with branch special events, such as open houses, campaign events, member appreciation day, Halloween Carnival for kids, annual LGBTQ Family Night, Camp Carnival, Dance Carnival, Family Fun Fest, Healthy Kids Day, and other events.

Office/Clerical/Phones: assist administration with ongoing office support, including making flyers, schedules, filing, copying, and data entry.

Translation: assist with communication in American Sign Language and various languages for support groups, flyers, etc.

ADDITIONAL INFO:

If you have an interest or skill not mentioned above, see us, a new program or opportunity may emerge. Some of the volunteer positions listed above are not available at all times.

Volunteer Applications are available at the Welcome Desk.

DOWNTOWN BERKELEY YMCA

2001 Allston Way, Berkeley CA 94704

P 510 848 9622 F 510 848 6835 www.ymca-cba.org