



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

P.E. WAIVER PROGRAM FALL '16

Grades: 9-12

Enrollment: September 1-30, 2016

Cost: \$25

**Orientations: September 1, 8, 15, 22, and 29
4:00pm**

Downtown Berkeley YMCA Conference Room



The YMCA P.E. waiver program is an alternative P.E. program for High School students. Students are required to complete P.E. hours (as dictated by their school district) to earn class credits. Students participate in group exercises classes, workout independently, maintain journals logs, and meet with the program director once a month. To be eligible for this program, students must be an active YMCA Member.

For more information, attend a P.E. Waiver orientation or contact Jocelyn Leche, Associate Youth Director of Physical Education at (510) 665-3234 or jleche@ymca-cba.org.

DOWNTOWN BERKELEY YMCA
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